

# Erase the Stigma – Community Mental Health Fair



*March 10, 2018*

*10:00a.m. – 12:00p.m.*

Helena Community Center  
110 Sports Complex Drive  
Helena, AL 35080

Join us in continuing to Erase the Stigma of Mental Illness. The Community Mental Health Fair will feature the following:

- A panel discussion will begin at 10:00AM to discuss local treatment resources. The panel will include representatives from a variety of local mental health treatment providers and resources both for those living with mental illnesses and their friends and families.
- Service providers will be on hand from 11:30AM until 12:00PM to answer questions and offer further information on: identifying symptoms, getting the help you need and how to help others.

#### Featured Service Providers:

- Alzheimer's of Central Alabama
- Chilton Shelby Mental Health
- NAMI Shelby
- M4A
- American Foundation for Suicide Prevention
- Shelby Baptist Medical Center
- Bradford Health Services
- Compact 2020
- Shelby County DHR Adult Protective Services
- University of Montevallo Clinic
- Gateway
- Shelby County Probate Court
- Helena Police Department

#### **A Free Community Event Sponsored by:**

**Helena Police Department**  
**Shelby County Probate Court**  
**NAMI Shelby**

For questions or additional information, please call Allison Boyd at (205)669-3713.